

## WHAT IS IT

Orienteering on the Altopiano di Asiago 7 Comuni means accurate maps, beautiful forests and adventure. No matter how young or old you might be or how much you are trained, you can run, use the MTB, ski or walk, and choose your own route between control points. If you love being outdoors and explore the world, Orienteering can be the right sport for you! Orienteering is a sport that is practised outdoors. The

orienteer tests his skills by choosing the shortest and fastest route to reach the control points marked on a specially designed topographic map. There are several disciplines in Orienteering: Foot Orienteering which is the most common and widespread, Mountain-Bike Orienteering, Ski Orienteering and Trail Orienteering.

The routes vary according to the difficulty and length; ranging from about 2km for beginners and children to over 12km for Elite orienteers.

## DISCOVER NATURE

By practising Orienteering on the Altopiano di Asiago 7 Comuni you discover new landscapes in a fantastic unpolluted environment. You can spend a weekend or a whole week with your friends or your family on the Altopiano di Asiago 7 Comuni and any kind of sportsman will appreciate the beauty of the place. Orienteering on the Altopiano di Asiago 7 Comuni offers you a nice

way to keep in shape while the physical efforts are accompanied by the reading of a topographic map and the choice of a suitable route. Orienteering is a sport for everyone and for all ages, from children under 10 years old, to veterans more than 70 years old, and fosters the growth of a person with regards to the values of loyalty and respect. Orienteering is the perfect outdoor activity for schools. Orienteering can be inserted in the study.



**CONTATTI:** [www.scuolaorienteering.org](http://www.scuolaorienteering.org) - [info@scuolaorienteering.org](mailto:info@scuolaorienteering.org) - +39 3485472164

# Scuola di Orienteering Altopiano 7 Comuni



**365 days a year**

**The sport of the woods  
For all tastes and ages**

## Sportsman - Family - Children - Third Age - Companies

- 20 detailed maps of the forest
- More than 250 fixed points in the forest
- 250 km of mule tracks between 900 and 2200 m of altitude
- car rental
- accommodation
- Night orienteering
- training with Sport-Ident Timing
- races for groups

### Week-end Orienteering

### Week Orienteering

### Training Camps

### Basic courses

### Advanced courses

### individual lessons

## THE OFFER

The Plateau of Asiago has become the "home" and one of the ideals dell'orienteering and in collaboration with housing and hotels are offering a service designed for those who want to choose a holiday or period of training in contact with nature trails along that will take you to understand the environment and the history of Asiago 7 Comuni.

## THE INSTRUCTORS

A top-level sport, a mass sport, a sport of leisure physical activity in the countryside ...

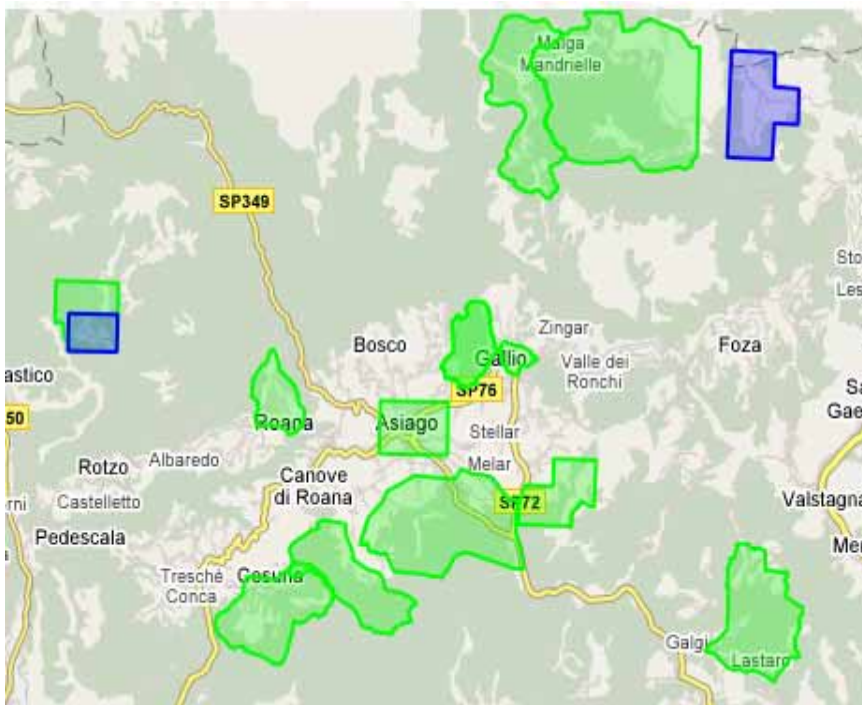
The Orienteering school "Altopiano 7 Comuni" meets professional experience and passion to ensure a unique and unparalleled experience. Qualified instructors and federal coaches make available their expertise to teach you to get started with map and compass in orienteering sport, or to further refine your technique with results guaranteed.

### The deals provide for:

- Stay in Hotel ★★★/★★, in a double room with half board accommodation, apartment and camping
- Materials on journeys orienteering and visit the area
- Access to the maps
- Tutor in guiding instructor.

Services (residence or stay + instructor) must be booked at least 15 days before the start of the stay through appropriate form available on the web.

## THE MAPS



 Foot-O  Mtb-O  Ski-O



## SCALE 1:10.000 - 1:15.000

### Foot Orienteering

- Malga Fiara - Mandrielle
- Campomuletto
- Campomulo Sud
- Gallio centro
- Hinterbek
- Asiago Centro
- Campi da golf
- Turcio
- Barenthal
- Kaberlaba Torle
- Prunno
- Stonlaita Platabek
- Marcesina Sud
- Ekar
- Val Biancoia
- Malga Boscon
- Spillek
- Kubelek - Lekle
- Campolongo

### Ski Orienteering

- Valmaron
- Piana Campolongo